

**STUDIO SCHEDULE 2018-2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>MORNING</b>					
8:00-9:00   ELENI PILATES (INTERMEDIATE/ADVANCED)	8:00-9:00   ELENI PRIVATE SESSION AVAILABLE! CALL 7000 7061 FOR RESERVATION!	8:00-9:00   ELENI PILATES (INTERMEDIATE/ADVANCED)	8:00-9:00   ELENI PRIVATE SESSION AVAILABLE! CALL 7000 7061 FOR RESERVATION!	8:00-9:00   ELENI CIRCUIT PILATES	8:00-9:00   RENA / ELENI E-MOTION CONTEMPORARY TEENS TEAM
9:00-10:00   ELENI PILATES (BEGINNERS)	9:00-10:00   ELENI HATHA YOGA (BEGINNERS)	9:00-10:00   ELENI PILATES (BEGINNERS)	9:00-10:00   ELENI HATHA YOGA (BEGINNERS)	9:00-10:00   ELENI PRIVATE SESSION AVAILABLE! CALL 7000 7061 FOR RESERVATION!	9:00-10:00   ELENI THEATRE & DANCE KIDS (5-8 yrs)
10:00-11:00   ELENI PRIVATE SESSION AVAILABLE! CALL 7000 7061 FOR RESERVATION!	10:00-11:00   ELENI ZUMBA	10:00-11:00   ELENI PRIVATE SESSION AVAILABLE! CALL 7000 7061 FOR RESERVATION!	10:00-11:00   ELENI ZUMBA	10:00-11:00   ELENI PRIVATE SESSION AVAILABLE! CALL 7000 7061 FOR RESERVATION!	9:00-10:00   RENA ACROBATICS (7+ yrs)
					10:00-11:00   ELENI THEATRE & DANCE JUNIORS 9+ yrs)
					10:00-11:00   RENA HIP-HOP JUNIOR KIDS (7-9 yrs)
					11:00-11:50   ELENI ZUMBA JUNIORS/TEENS (9+ yrs)
					11:00-12:00   RENA HIP-HOP JUNIORS (10-12 yrs)
					12:00-12:50   ELENI ZUMBA KIDS (5+ yrs)
					12:00-1:00   RENA HIP-HOP TEENS (13-15 yrs)
					1:00-1:50   RENA E-MOTION HIP-HOP TEENS TEAM
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>AFTERNOON</b>					
3:15-4:00   RENA BABY BALLERINAS (3-5 yrs)	3:30-5:15   ELENI BALLET & MODERN (GRADE 4)	3:00-4:00   ELENA CREATIVE MODERN DANCE (7-10 yrs)	3:00-4:00   ELENI PILATES (FOR ALL)	3:00-4:00   ELENA CREATIVE MODERN DANCE (4-6 yrs)	3:00-4:00   ELENI PILATES (FOR ALL)
4:00-5:00   RENA HIP-HOP JUNIORS (10-12 yrs)		4:00-5:30   ELENI / ELENA BALLET & MODERN (GRADE 2)	4:00-5:30   ELENI / ELENA BALLET & MODERN (GRADE 3)	4:00-5:30   RENA HIP-HOP JUNIORS TEAM	4:00-5:30   ELENI / ELENA BALLET & MODERN (GRADE 2) AND (GRADE 3)
5:15-6:05   DAPHNE ZUMBA	5:15-6:15   ELENI / RENA BALLET & MODERN (PRIMARY A) (5-6 yrs)	5:30-7:15   ELENI / ELENA BALLET & MODERN (GRADE 5)	5:30-7:15   ELENI / ELENA BALLET & MODERN (GRADE 6)	5:00-5:45   ELENI BABY BALLERINAS (3-5 yrs)	5:30-7:15   ELENI / ELENA BALLET & MODERN (GRADE 5)
6:05-7:05   MARIA PILATES (INTERMEDIATE/ADVANCED)	6:15-7:05   ELENI BALLET & MODERN (PRIMARY B) (5-6 yrs)	6:15-7:15   MARIA PILATES (BEGINNERS/ INTERMEDIATE)	6:00-7:00   ELENI BALLET & MODERN (PRIMARY B) (5-6 yrs)	5:00-6:00   RENA CONTEMPORARY TEENS (10+ yrs)	5:30-7:15   ELENI / ELENA BALLET & MODERN (GRADE 6)
7:05-8:05   MARIA PILATES (BEGINNERS)	7:15-8:15   STALO FLOW YOGA (BEGINNERS/ INTERMEDIATE)	7:15-8:15   MARIA PILATES (FOR ALL)	7:15-8:05   DAPHNE STRONG BY ZUMBA	6:00-7:00   MARIA PILATES (INTERMEDIATE/ ADVANCED)	6:15-7:15   MARIA PILATES (FOR ALL)
7:05-8:05   ELENI PILATES (INTERMEDIATE/ADVANCED)				6:15-7:15   ELENI PILATES (BEGINNERS/ INTERMEDIATE)	
8:05-9:05   MARIA PILATES (BEGINNERS)	8:05-9:05   RENA CONTEMPORARY ADULTS	8:00-9:00   ELENI HATHA YOGA (BEGINNERS)	7:00-8:00   RENA HIP-HOP ADULTS	7:00-8:00   ELENI PILATES (BEGINNERS)	6:05-6:55   MARIA BOSU HALF-BALL AEROBICS
				7:00-8:00   MARIA PORT DE BRAS PILATES (FOR ALL)	6:15-7:15   MARIA PILATES (FOR ALL)
					7:15-8:15   MARIA PILATES (FOR ALL)
					7:15-8:15   ELENI PILATES (BEGINNERS)
				8:05-9:05   MARIA PILATES (BEGINNERS)	8:15-9:15   ELENI HATHA YOGA (BEGINNERS)
				8:15-9:15   DAPHNE LATIN DANCE (ADULTS)	